



# COVENHAM SAILING CLUB

## Restarting Post COVID-19 Lockdown

*Date: 28.05.20*

*Version 1.5*

### **Our Aim**

- To provide the necessary considerations in order for Covenham Sailing Club members to operate within the new COVID19 restrictions allowing members to freely and safely access the club.

### **The Current Situation**

- Anglian Water, our landlords, have insisted Covenham Reservoir stay closed until the 2<sup>nd</sup> of June and activities on the reservoir are prohibited until then. This is being managed through our representation on the CWSA committee Richard Butler who is in regular contact with Anglian Water.
- As members, we want to be able to enjoy the physical and mental wellbeing sailing can bring but must ensure we do so in a way that is socially acceptable and safe.
- It is critical that we have procedures in place and observe the Covid-19 controls recommended by the government to prevent any risk of contamination to our membership and their families.
- It is considered there will be a phased and gradual return to normal activities but timescales are not defined. 'Social Distancing' is likely to continue for many weeks and return to full operations will be done on a risk assessed basis.
- It is understood that an increase in government alert level and/or government instructions could lead to restrictions increased again (thus moving back a step).
- We will take a considerate and conservative approach. Considerate – be mindful of the potential impact that you could have on other water users and do not place unnecessary strain on the emergency services. Conservative – help to minimize risk.
- A COVID-19 subgroup will be formed within the club to prepare and review additional procedures and risk assessments.

### **Key Points Moving Forward**

- CSC is committed to providing use of the club and its facilities as soon as possible.
- The club will comply with government instructions and follow guidelines as given by relevant authorities eg the RYA. In the event that it appears that the club is not able to be run in a low risk manner the committee will take the decision to close the club or limit access.
- A COVID-19 specific risk assessment, in line with current guidance, has been created (see below) and will be continually reviewed as the situation changes.
- The plan for reopening the club has been broken down into a number of phases. Moving from one phase to another will be a formally communicated process.
- Covenham Sailing Club will provide the necessary resources to enable the procedures to be followed but individual members need to be responsible for their own behaviour.
- None of these procedures supersede the basic principles and safety requirements of the CSC constitution and water policy. All members must have up to date membership and insurance before they recommence activities.
- Members must abide by these procedures to avoid any additional risk to themselves or other members.

## Covenham Sailing Club (as part of CWSA) – A phased return to sailing and windsurfing

As measures change so will the clubs arrangements.

At all levels a risk management policy will apply in addition to the club rules and water use policy.

This plan is subject to change as the situation develops. The risk assessment will be reviewed each week and when changes to government restriction are announced.

	<b>Step 0</b> lockdown in effect, Anglian Water reservoirs closed.	<b>Step 1</b> Reopening with social distancing measures in place. Community Sports activity allowed, travel restrictions lifted, Schools partially open.	<b>Step 2</b> Small groups and gatherings allowed restrictions on leisure facilities relaxed with social distancing. Non-essential shops open.	<b>Step 3</b> RYA starts training. Pubs and clubs open. Schools open.	<b>Step 4</b> Large 100+ attendance events open.
Freesailing	No	Yes	Yes	Yes	Yes
Use of club kit	No	No	Club boats/boards with wash down procedure	Yes, with further washing process for personal kit	Yes
Safetyboat	No	Yes (measures in place) Buddy cover	Yes (measures in place) Club safety at normal time	Yes (measures in place)	Yes
Clubhouse facilities	Closed	Single disabled toilet only	Changing rooms with social distancing	Clubhouse open following guidelines	Clubhouse open
Workshop	No	No	Limited access	Yes with cleaning procedure	Yes
Racing	eSailing	No	Yes, wall start/finish only	Yes	Yes
Training	No	No	Supported sailing only	Yes within RYA guidelines	Yes
Daysailing (non members)	No	No	No	Yes	Yes
Events	No	No	No	Members and family only	Yes

## CSC Covid 19 Risk Management Policy Phase 1

These are temporary additions to the club operating policy in order to manage the risk associated with COVID19. As the situation evolves so will these measures. Where possible signs will be displayed.

**Please ensure you are familiar with these changes before using the club.**

Risk Assessment	Description	Additional Procedures
Key principles		Members will adhere to social distancing rules. Anyone with symptoms will stay at home.
CRA1	Opening and locking the gate	Gloves should be worn when handling the gate and padlock or hands sanitised afterwards. Members must have own gloves or sanitizer.
CRA2	Car parking	The gate will be closed by every member entering/leaving the club to deter non-members from entering.
CRA3	Rigging and de-rigging	When rigging/ de-rigging sufficient space will be kept between boats/boards to ensure that social distancing can be maintained at all times.
		When adjacent boats are leaving/returning to berths, 2nd crew to wait for 1st crew to complete rig/de-rig before moving into the area.
CRA4	Changing facilities	Changing rooms will not be used. Members to arrive/leave changed and ready to sail. Members can change in car park if social distancing can be maintained.
CRA5	Use of clubhouse and facilities	Only a disabled toilet in the front section of the clubhouse will be open and must be disinfected after each use.
		Only 1 person shall enter the club house at a time and the front door will be kept closed and locked with the code. Be aware of other members.
CRA6	Opening/closing the club	Whilst opening/closing the club members will wear protective gloves when using the key pads or sanitised hands afterwards.
		When handling the keys for the boat park, slipway and garage gloves will be worn or hands sanitised afterwards.
CRA7	Launching	Members will adopt a queuing system when more than one boat/board needs to be launched from the slipway to maintain social distancing. Only one boat to be on the slipway at any time.
		Boats/boards are to space 1 jetty section apart and will depart ASAP.
		Crews to be responsible for their own launching trolleys. Trolleys are not to be stacked so as to avoid touching other members trolleys.
		Isolation groups can assist each other.
CRA8	Landing	A queuing system will be observed and no boat/board should approach the pontoon unless a full jetty section is clear.
		Boats recovering will have priority of slipway to make space on pontoon. Anyone returning to the jetty must recover immediately.
		Boats/boards to use the slipway one boat at a time. The crew are responsible for putting the boat onto the trolley and bringing it up the slipway unaided by others.
CRA9	Safety launch and recovery	Gloves will be worn when touching the Safety Boat both ashore and afloat. The boat should be launched and recovered by the same crew if possible.
		Individuals involved in the launching of the Safety Boat will, as far as practical, observe social distancing and if this is not possible wear face masks.
		If kept on the pontoon the safety boat will be left on end section.
		When retrieving the safety boat no other boats to be on the slipway.
		Individuals involved in the recovery of the Safety Boat will, as far as practical, observe social distancing. If this is not possible, face masks are to be worn.
		All surfaces that have been touched should be sanitised by the safety boat crew using the wash provided.
CRA10	Safety boat use	The safety boat is for emergency use only and only launched if necessary. No coaching, race starts or convenience tows.
		The safety boat will be equipped with gloves and face masks. When conducting a rescue the driver (and rescued person, if possible) will wear these.
CRA11	First aid	Gloves and face mask to be worn. CPR follows NHS guidelines eg only chest compressions.
		Surfaces touched will be disinfected.
CRA12	Freesailing	Members will assess condition conservatively and will sail well within their limits. If in doubt, members will not launch.
		Only members of the same isolation group may sail together.
CRA13	Club kit	Use of club equipment is not permitted. This includes boats, boards and all personal equipment. Each member must have their own buoyancy aid or harness.

## ***References***

### **Government and RYA Guidelines used in creating this document**

<https://www.rya.org.uk/newsevents/news/Pages/coronavirus-advice-and-information-for-recreational-boaters.aspx>

<https://www.rya.org.uk/SiteCollectionDocuments/sportsdevelopment/Web%20Documents/Guidance%20on%20Restarting%20Racing%20and%20COVID-19%20-%20V1.pdf>

<https://www.rya.org.uk/knowledge-advice/current-affairs/Pages/coronavirus-covid-19.aspx>

[https://www.rya.org.uk/training-support/Documents/5\\_steps\\_risk\\_assessment.pdf](https://www.rya.org.uk/training-support/Documents/5_steps_risk_assessment.pdf)

<https://www.gov.uk/guidance/working-safely-during-coronavirus-covid-19>

<https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-phased-return-of-sport-and-recreation/guidance-for-the-public-on-the-phased-return-of-outdoor-sport-and-recreation>

<https://www.hse.gov.uk/simple-health-safety/>

<https://www.gov.uk/government/publications/covid-19-decontamination-in-non-healthcare-settings/covid-19-decontamination-in-non-healthcare-settings>

<https://www.hse.gov.uk/news/coronavirus.htm>

plus participation in RYA Development Forums on Return To Boating 22<sup>nd</sup> May 2020 and Opening Buildings 26<sup>th</sup> May 2020